



Driver CPC TransTrain Modular Course M5. Safe Driving & SEEDS

Course Content

Walk around checks and potential consequences
Safe, Efficient and Effective Driving Skills
Aerodynamics and vehicle improvements
Driver safety including safe driving
Vulnerable Road Users
Avoid becoming a statistic
Obstructive Sleep Apnoea
Blue Light Aware and accident analysis

Combine this course with...

1. Driving Licences & Drivers Hours
2. Driver CPC & Digital Tachographs
3. Daily Checks & Basic Preventative Maintenance
4. The Professional Driver, Drink and Drugs
6. Safe Loading and Load Security
7. The Principles and Theory of Manual Handling
8. First Aid Annual Refresher

Location

This course can be delivered in our own training rooms or alternatively at a suitable venue of your choosing.

The suitable venue will need to be assessed for suitability; a form to do this would be made available.

Who is it for?

All drivers of HGV and PCV vehicles since 2014 / 2013 require a (Driver Qualification Card) DQC to be able to drive professionally. Our CPC courses are designed to ensure all drivers keep their DQC card legal.

Whilst many companies and Transport Manager will be tasked with ensuring that all drivers have a current DQC, we honestly believe it to be a joint responsibility.

HGV or PCV?

This course has been approved for drivers of both HGV and PCV.

Course Duration

This course will need to be combined with another module to count towards your periodic training.

Candidate Requirements

Candidates must be willing to participate within the training session.

Please advise us in advance of any attendee(s) who may have learning difficulties.



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